



Dance & Cheer EVENTS

2025 Information

as of 14/01/2025

CONTENTS

WHAT WE OFFER

ENTERING A DCE EVENT

CONDITIONS OF REGISTRATION

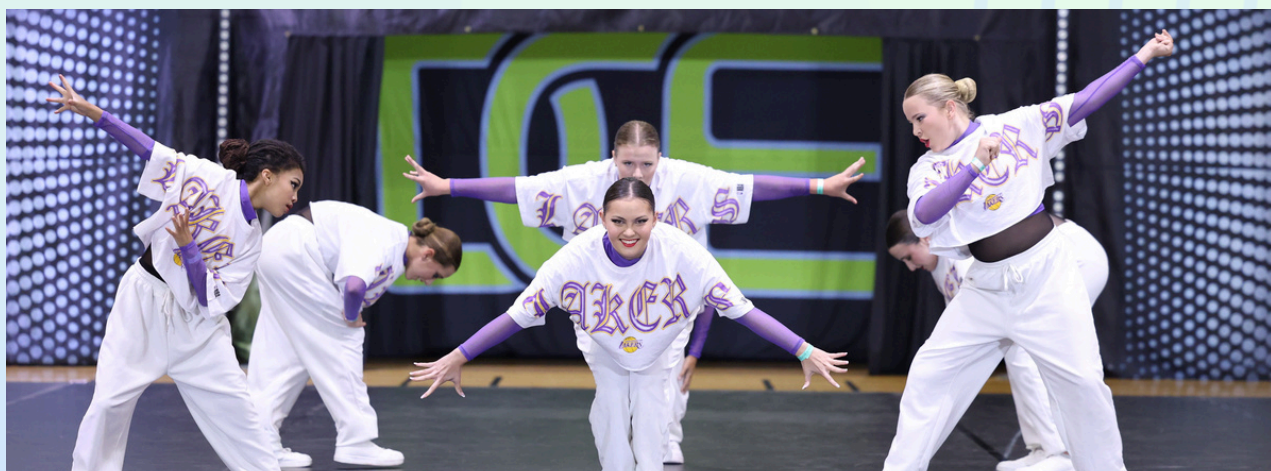
DIVISIONS

SCORING

EVENT DAY

DISCLAIMER

WHAT WE OFFER



DCE OFFER live DANCE SOLOS, DANCE DOUBLES, CHEER PS , GS , APS ,Solos, at all events.

Time limits:

Dance solos 1min

Doubles 1.30min

Cheer all specialties - 1min (Please check IASF rules)

Please note that all dance and cheer solo/doubles etc items are only available to athletes who compete at the same DCE competition as a member of their registered gyms teams.

Solos will be judged per age group not genre and Pom is not permitted as a solo.

Doubles will be split into genres. A competitor cannot compete against themselves.

Eg . If an athlete is in two Lyrical doubles with a different partner, they must dance in two different age groups.

National bids

QLD and NSW States

SUMMIT bids CHEER AND DANCE

Nationals

IASF WORLDS bids

Nationals

ENTERING A DCE EVENT



USING HIT ZERO

1. Create account in Hit Zero at hitzero.org
2. Create a Club
3. Create Teams
4. Create Athletes and assign to Teams
5. Create/Assign Coaches
6. Register Teams for an event

Support: <https://support.hitzero.org/hc/4121880902/category/1>

Email: support@hitzero.org for Clubs and EPs to be able to contact. Response normally within 12-24 hours but may be up to 36 hours when not on event day.

REGISTRATION

Registration closes Qld State - entries close Friday 23rd May. NSW State - entries close Friday 30th May. APGI - entries close Friday 30th August. Nationals - entries close Friday 1st August.

DCE online registration platform, Hit Zero for all event registrations. Entries will only be accepted when ALL paperwork has been completed and received. Ensure you hit the finalise button on your hit zero entries.

Scholastic or University Teams cannot be registered under an Allstar Program. A separate 'club' must be registered on Hit Zero, and all teams must be entered under this club.

RUN ORDER

Draft run orders will be distributed prior to the event. You are required to determine whether there are any issues with teams cross overs and timing, in a timely manner within 48 hours of email sent. Please keep checking emails for run order send outs

CONDITIONS OF REGISTRATION



- Athletes should be prepared to compete at any time during the listed dates, and coaches must ensure that their team numbers and athletes are entered into the correct categories according to DCE and IASF rules.
- All team numbers, jewelry, and safety requirements will be checked prior to the team taking the floor, and any infractions may result in disqualification.
- During the event, anyone may be filmed by DCE social photographers for DVD and photo production and promotional use.
- In the event of injury, gyms must have an emergency plan in place and a medic will be on site. If an athlete is injured on the floor, the DCE staff and judges or coaches may stop the routine and have the athlete attended to immediately. The team will be able to re-perform if possible, later in the session and will be judged from where it was stopped.
- All athletes competing in IASF divisions must have proper proof of identification and be checked in at the warmup desk before competing. Please refer to the IASF rules regarding roster verification etc.

WAIVER FORMS

DCE do not require individual waiver forms to be filled out for each athlete. However- All Gyms need to make sure that their insurance covers all their athletes at events.

CONDITIONS OF REGISTRATION

REFUNDS

- Full refunds are available up to four weeks prior to the event.
- After this point, there are no refunds or transfers, and invoices are considered final.
- Invoices must be paid in full by the final registration date.
- Invoices are generated by hitzero and appear on your hitzero finalised entry, where you will find the full DCE payment details.
- Gym owners are responsible for informing their athletes as no discounts or refunds will be given between registration closing and the event date.
- Unpaid or unregistered invoices will be sent to debt collection if not paid in full by the event date.
- Refunds (less 20%) will only be given for medical reasons for a specific athlete once applicable documentation has been received, no later than two weeks after an event. Full team refunds will not be given due to an injured athlete. Refunds will also not be given for a change of mind, athletes other activities, scheduling, parents who haven't paid etc .



RULES FOR COACHES, GYM OWNERS, AND ATHLETES

- Coaches, assistant coaches, and gym owners must have a valid WWCC or equivalent (unless under 18yrs), wear their photo ID with their coach pass at the event, and be registered for their club on HitZero.
- A valid IASF coach credential number is required for all official cheer coaches responsible for a team.
- Gym owners do not need IASF credentials.
- Dance coaches are not required to have IASF credentials.
- School teachers do not need a WWCC but must provide their teacher's number.
- All teams must have a dedicated music player, who can be any registered gym owner, coach, or athlete at the event. If over 18yrs, this person must have a valid WWCC.
- Athletes, coaches, and gym owners are expected to exhibit good sportsmanship, respect, and support throughout the event.
- Excessive boasting, delays in competition, poor sportsmanship, or unprofessional behavior may be penalised by event judges.
- All participants must conduct themselves in a manner that displays good sportsmanship throughout the event.

- Coaches will receive their official coaches' lanyard at coaches' registration with their name, IASF/AASCF ID# and their level of credentialing.
- You are required to have some form of your photo ID that is to be placed in the plastic pouch of your lanyard so that the warm up staff can confirm its you. A photo copy of drivers licence, student ID etc. will surface if you don't have ID upon request your lanyard will be removed and returned to coaches registration until an ID can be produced.
- DCE requires all cheer team coaches to be ICU/IASF credentialed with at least one coach credentialed to the equivalent level of the competing squad they are entering the warm up room with.
- DCE requires all cheer and dance coaches entering the warm up room to be over 14 years of age and have a valid "working with children" card or state appropriate card and you must bring this with you to each event and place in coaches lanyard. DCE follows the government age requirements in each stat and coaches will be required to obtain one if they are of or above the required government age in your state.
- A maximum of 4 coaches per gym/studio + gym/studio owner will be given complimentary access to the warm up area. Payment will be required for any additional coaches. DCE must be contacted PRIOR to the event to apply for additional coaches passes.
- You will not be provided with the official coaches lanyard without the above information being provided to DCE 1 week prior to the event. any information not received 1 week prior to the event will need to be given to coaches registration otherwise the lanyard will be withheld. sharing lanyards between individuals is strictly prohibited and will result in those lanyards being removed and will not be allowed in the warm up area. DCE are dedicated and committed to always make sure our events are safe, fair, honest and professional
- The team number presented on the final run order MUST be the same as the number of athletes on the performance floor. Coaches must inform our staff at coaches registration if team size is different on the morning of competition



- In DCE competitions props are not necessary for the performance of the routines, however if props are used in the routine they must follow IASF general safety rule #9. they must also receive from the IASF; this email must then be forwards to info@danceandcheerevents.com.au prior to use at event. Both prop approval email from the IASF must be presented to the safety officer prior to performing at every event. The prop and the performance usage of said prop must be identical to approval email from the IASF. if a video/email says ILLEGAL in any way it will not be considered. Note if this procedure is not followed a general guideline deductions will be applied.
- The panel judge's decision is final, and any disputes can be appealed for 7 days only after the event via the DCE email. if coaches , athletes or parents are seen to be talking to judges during or after the event they risk team deductions and disqualifications.

REGISTRATION AND EVENT DATES

REGISTRATION DATES

8 weeks prior to the event.

- Qld State - entries close Friday 23rd May.
- NSW State - entries close Friday 30th May
- Nationals - entries close Friday 1st August.

EVENT DATES

QLD STATES

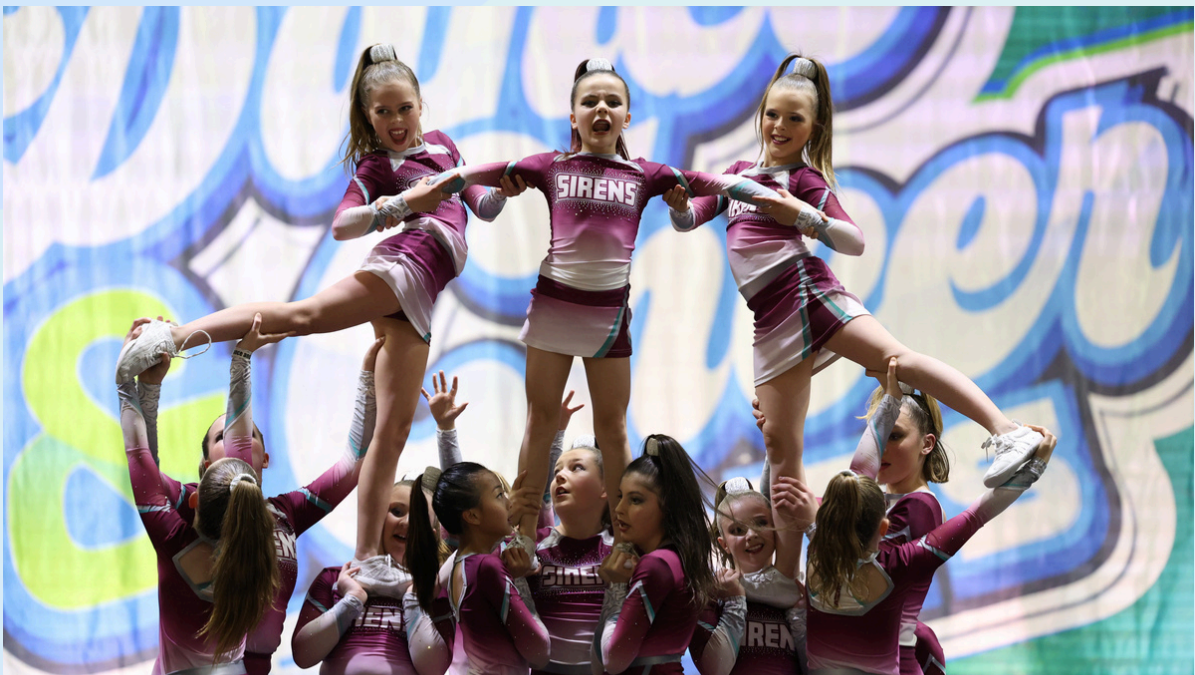
19th/20th July

NSW STATES

25th/26th/27th July

NATIONALS (NSW)

26th/27th/28th September



DIVISIONS

AGE GRID, DIVISIONS AND GENRES

DCE follow IASF RULES at all events and at all events offer -

DANCE: lyrical, Jazz, Hip Hop, Pom, Kick, Novice/Intermediate/Allstar

CHEER:

DCE Cheerstart to accommodate cheerstar and cheersport teams.

Novice

Allstar

SCHOLASTIC, UNIVERSITY, ALL ABILITIES in Cheer and Dance.

Age grids are as per AASCF. Please refer to the additional DCE information also pertaining to the age grid and divisions offered.



DIVISION SPLITTING

DCE do not split small and large gym or by numbers of athletes. However, if there is a large division, we may split it and take the numbers of athletes on each team into consideration for cheer. Please refer to age grid and rules above. For Dance divisions if only 2 teams or less are entered in Elite and /or Allstar divisions they will be combined. Exception- Nationals when a team is competing for a IASF Worlds bid .

CROSSOVER RULES/POLICY

DCE allow a 3-level CHEER crossover rule Eg. Level 2- 4.

DANCE- one level only Eg. Intermediate to Advance

Athletes can only belong to a maximum of 2 x Allstar clubs and only split if one is for cheer and the other is for dance.

Athletes can crossover from Allstar to Scholastic/University but only belong to one Scholastic or University Club.

If a team is to be found breaking these rules a 5 point deduction will be added to the team.



SCORING

SCORESHEETS

This information will be updated on the DCE website in February. .
DCE will use the IASF scoresheets for ALL Worlds divisions (Levels 5-7) at all events.

SCORESHEET DISTRIBUTION

Scoresheets will be available on Hit Zero within 24 hours of the event finishing.

DEDUCTION & RANGE REVIEW

To streamline the scoring process, we will use the Hit Zero system. Each gym is required to designate a representative to receive text notifications containing the deductions and ranges for each team from the judges. Even if you are not contesting the results, it is recommended that you use the Hit Zero system to address any questions or concerns. Video replay is available on-site at all events to review before submitting any contested issues. Please keep in mind that the ruling of the contesting judge is final. You have 20 minutes from the time of notification.

BID DECLARATION

DCE will award the bids given to them by the IASF for both the Cheer and Dance Worlds.

- PARTIAL PAID BIDS will be awarded to the highest scoring teams in a world bid division.
- AT LARGE BIDS will be awarded to the next 2 highest scoring teams.
- Should a team already have Partial Paid or At Large bids the bid can be given to the next highest scoring team .
- The Bids can only be used by a bid winning team for the division the team won the bid .
- DANCE BIDS - DCE will have final say as to which division/age group pending the number of bids available to help ensure all age divisions have the opportunity to represent at Worlds.
- All IASF rules must be adhered to by all bid winners.
- Teams have 72 hours to accept or decline their bid.
- In a DCE Worlds bid section although the highest scores will be the criteria. DCE reserve the right to award the bids to the team that DCE Management deem the best representation for us at the Cheer and Dance Worlds.

TIE BREAK RULES

Ties will not be broken except for 3rd, 2nd, and 1st rankings. In the event of a tie, the team with the least amount of deductions will be placed above the other team. If there is still a tie, the team with the highest overall Execution/Technique score will be placed above the other team. If there is still a tie, the judges will be polled. All judge's decisions are final.

EVENT DAY



PERFORMANCE SURFACES

Dance: Full 8 run Marley floor

Cheer: Full 9 panel sprung cheer floor

WARM-UP ROOM

All teams receive an adequate warm-up session before their performance time in a scheduled and organised warm-up space. The warm-up space will have a sound system and provide AUX and lightning connection.

Dance: open space, 1-2 Marley panel, full 8run Marley floor

Cheer: Open Space, 3-5 dead floor runs, 16metre sprung tumble run, 9 run dead floor

Nationals: Will have a 10 run Marley performance floor and warm up floor.

AWARDS SESSIONS

- Banners and medals 1st to 3rd place at all events
- 4th and 5th place individual banners
- Individual athletes ALLSTAR AWARD BANNERS
- Individual athletes OUTSTANDING ALLSTAR AWARDS BANNERS.
- Awards presentations in the main arena throughout the event
- highest point score for all divisions
- Overall Grand champions in Cheer and Dance, plus also GC youth and under for dance
- Highest scoring NT
- Highest scoring Novice Team for dance and for cheer

MUSIC

All teams must have a designated music person who can attend warm-up with the team and must then play their music from the sound desk 1 team before they take the floor.

EVENT DAY

BIGGEST SUPPORTER ZONE

Exciting news for supporters! You can now leave your seats and cheer your team on from the sidelines. It's important for spectators to clear out between each performance, and not move about when a team is performing.

SUBSTITUTIONS & REPLACEMENT ATHLETES

Injury or other serious circumstances allow substitutions in competitions, but substitutes must follow age and level restrictions. In last-minute situations where an athlete cannot be replaced with someone in the same age/level, an out-of-age/level athlete may compete with a neon band on their ankle to indicate their status. Points will be deducted accordingly.

DCE DO NOT ALLOW OUT OF AGE ATHLETES.

“SIDELINE” COACHING

- Coaches may not assist with youth teams and must only sit in the coaches chairs provided.
- Exception; Tiny & Mini Novice & Cheer/DanceStart coaches may assist via sideline coaching only, and must not be distracting to the judges view.



INJURY / SPILL RULES

If an injury occurs in the warm-up room or during the performance, the team will have the option to redo their routine at the end of the session or during the next suitable changeover.

The second routine will only be judged from the moment the injury happened, but the team must complete their entire routine.

Gym owners and coaches are responsible for cleaning any surfaces affected by their athletes' bodily fluids in both the warm-up room and performance area.

SAFETY SPOTTERS

Spotters must wear all black. They cannot assist athletes with prompting or counting during the routine.

EVENT DAY

TINY & MINI NOVICE & CHEER/DANCESTART RULES

It will be permitted for sideline coaches to use props to help prompt athletes; however, there are to be no props or visual aids on the performance surface to assist with formations and positions.

A total of 2 x gym owners or coaches may assist tiny athletes onto the performance surface but must abide by the 30-second time allocation to get on and off the floor. Exceeding this will incur a rule infraction.

Teams with spotters on the floor, must follow the general spotter's rules and attire. Deductions will apply for spotters assisting with skills on the performance surface like all other levels and divisions.

PHOTOS & VIDEOS

Free Videos of your routines will be available at all events. We have cheercast photos for your teams available. You are welcome to take your own however only your own teams please.

Any cameras with zoom lens must be confirmed with DCE management before any filming can take place at the event, even of your own team. Please convey this to your parents and athletes.

DCE reserve the right to use any photos or videos from the DCE events.

COPYING CHOREOGRAPHY

If any team is seen to have choreography copied from an external gym, a formal complaint can be made to Coralie. If it is found that any routine has copied choreography, the routine will be disqualified, and any awards will be removed from the team. Additionally if a club is found to be in attempt to steal other clubs choreography or videoing another clubs routines a formal complaint can be made to Coralie. If club is found at fault the entire club will be disqualified from competition.

OTHER NOTES

Upon arrival, coaches or gym owners will collect their gyms wrist bands and coaching lanyards. Clubs will be invoiced for any athlete who comes to collect a wristband on the day and is not on the registered list.

A Coach, Gym owner, Event provider or the legality judge is permitted to stop the routine should they have concerns for the safety of an individual.

We are aware that injuries and illness can affect team numbers between registration closing and the event day, please inform check in staff of any changes in team size.



DISCLAIMER

DCE reserves the right to add or make changes to this information throughout the season.

If this occurs, you will receive an email on the update as soon as it occurs.

If you have any questions or require any further information, please contact me at coralie@danceandcheerevents.com.au

UPDATE AS OF 14/01/25

The following are a couple of differences to apply to DCE event rules.
Dance Doubles will also have TINY and MINI Division added to age range
SOLO DIVISIONS. TINY, MINI - YOUTH - JUNIOR - SENIOR - OPEN .

There are no qualifying scores for Nationals in any divisions at DCE
DCE do not split division by small or large gyms or by number of athletes.

REGISTRATION For DCE events is still online through HITZERO.

If there is an age group or division you can't find on the Hitzero DCE entry page, please email us to confirm if this is correct or an oversight. As always we try to accommodate as best we can for our DCE

Cheer novice walkover will align with ACU for 2025

Scoring information will be updated on our website in February



Cheer Age Grid Outlined

- The eligible age for an athlete competing at a DCE event in 2025 is determined by the years of birth column on the age grid.
- All IASF age groups are subject to change according to IASF updates and all programs must comply to fit within the updated age grid. the IASF age grid is based on the year the IASF championships is being held. Birth years have been added to reflect 2026 worlds divisions requirements.
- Any teams seeking to compete internationally need to ensure their athletes adhere to the age and athletes for IASF divisions at worlds.
- All levels are as defined by the IASF rules. Exception: University elite and premier are as defined by the UWCC university rules.

DCE Cheer Crossovers

DCE has a 2 level crossover rule and the maximum cheer routine limit of 3 for all athletes.

The exceptions are as follows:

1. NOVICE - 50% of novice team athletes are permitted to crossover into a level 1 and a level 1NT team; however they are not permitted to compete in any other cheer team level 2 or above.
2. LEVEL 4.2 - Crossover athletes can only come from levels 2,3,4,3NT,4NT,5NT and 6NT.
3. ADULT 1NT - 1 level crossover only, i.e. adult 2NT, open 1NT, open 2NT, levels 1 and 2.

Athlete crossovers between 2 different club are not permitted. this includes team routines and stunt routines*. Athlete crossovers are permitted between Club and Scholastic/University (must compete in scholastic/university divisions) and they may crossover dance and cheer with different clubs. Please remember in this situation athletes will be paying 2 separate entry fees for each club.

There are no level crossover rule restrictions in stunt. Athletes are not permitted to compete in more then 2 stunt routines: 1 partner stunt and 1 group stunt or 2 group stunts.

*Athletes from multiple clubs may compete in the same stunt routine. in the event that the group qualifies for nationals, all involved clubs must provide written permission to DCE for the athletes to compete together. Athletes may only represent 1 club in stunt events. If this is not adhered to the stunt group may face disqualification.

IASF Summit Divisions

Junior and Senior level 1-4 and open 3-4 crossover rule.

To compete overseas in the IASF divisions (junior and senior level 1-4 and open level 3-4). Teams may comprise of multiple levelled crossover athletes (as such no crossover rules apply) and must follow IASF ages and team sizes.

Please note: any changes to IASF age grids even after formation of team must be adhered to so that your roster verifications can be validated.



Dance Age Grid Outlined

- The eligible age for an athlete is determined by the years of birth column on the age grid.
- All IASF age groups are subject to change according to IASF updates and all programs must comply to fit within the updated age grid. the IASF age grid is based on the year the IASF championships is being held.
- Any teams seeking to compete internationally need to ensure their athletes adhere to the age and division requirements of the competition they are attending, This included having a minimum number of athletes for IASF divisions at worlds.

DCE Dance Crossovers

Dancers cannot be in more than 3 age groups of all styles combined, or more than 3 teams of the same style (must be separate age divisions i.e senior jazz is one division; the size of the team is not relevant).

DCE allows 1 level crossover by genre only. For example dancers can compete in novice jazz, intermediate jazz, intermediate hip hop and Allstar hip hop.

Novice - Intermediate

Intermediate - Allstar

50% of each team may crossover into the level below of that style. i.e. 50% of an intermediate hip hop team athletes are permitted to crossover into novice hip hop.

Athlete crossovers between 2 different club are not permitted. this includes team routines and stunt routines*. Athlete crossovers are permitted between Club and Scholastic/University (must compete in scholastic/university divisions) and they may crossover dance and cheer with different clubs. Please remember in this situation athletes will be paying 2 separate entry fees for each club.

DCE Cheer Age Grid 2025

DIVISION	YEARS OF BIRTH	AGE	GENDER	NO. IN SQUAD	LEVEL
TINY NOVICE	2021-2019	4-6 yrs	N/A	5-38 members	NOVICE
TINY	2020-2019	5-6 yrs	N/A	5-38 members	1
MINI NOVICE	2021-2016	4-9 yrs	N/A	5-38 members	NOVICE
MINI	2020-2016	5-9 yrs	N/A	5-38 members	1, 2
YOUTH NOVICE	2020-2013	5-12 yrs	N/A	5-38 members	NOVICE
YOUTH	2019-2013	6-12 yrs	N/A	5-38 members	1, 2, 3, 4
JUNIOR NOVICE	2018-2010	7-15 yrs	N/A	5-38 members	NOVICE
JUNIOR	2017-2010	8-15 yrs	N/A	5-38 members	1, 2, 3, 4
JUNIOR	2015-2009	10-16yrs	N/A	5-38 members	5, 6
SENIOR NOVICE	2015-2007	10-18 yrs	N/A	5-38 members	NOVICE
SENIOR	2014-2007	11-18 yrs	N/A	5-38 members	1, 2
SENIOR AG	2014-2007	11-18 yrs	All Girl	5-38 members	3, 4, 4.2, 5
SENIOR MIXED (COED)	2014-2007	11-18 yrs	1 or more males	5-38 members	3, 4, 4.2, 5
SENIOR AG	2012-2007	13-18 yrs	All Girl	5-38 members	6
SENIOR MIXED (COED)	2012-2007	13-18 yrs	1 or more males	5-38 members	6
OPEN	2011 or earlier	14 yrs +	N/A	5-38 members	1, 1NT, 2, 2NT
OPEN AG	2011 or earlier	14 yrs +	All Girl	5-38 members	3, 4, 4.2, 5, 6, 7
OPEN MIXED (COED)	2011 or earlier	14 yrs +	1 or more males	5-38 members	3, 4, 4.2, 5, 6, 7
OPEN AG	2011 or earlier	14 yrs +	All Girl	5-38 members	3NT, 4NT, 5NT, 6NT, 7NT
OPEN MIXED (COED)	2011 or earlier	14 yrs +	1 or more males	5-38 members	3NT, 4NT, 5NT, 6NT, 7NT
ADULT	2007 or earlier	18 yrs +	N/A	5-38 members	1NT, 2NT
SCHOLASTIC: PRIMARY SCHOOL	N/A	Foundation to Year 6	N/A	5-38 members	1, 1NT, 2
SCHOLASTIC: HIGH SCHOOL	N/A	Year 7 to 12	N/A	5-38 members	1, 1NT, 2, 3
CHEERABILITY (INDEPENDENT)	All Ages	All Ages	N/A	5-38 members	1, 2, 3, 4
CHEERABILITY (UNIFIED)	All Ages	All Ages	N/A	5-38 members	1, 2, 3, 4

UNIVERSITY CHEER DIVISIONS

Divisions below may have adjustments made by UniSport at the end of the 2024 season.
University athletes must be from the same institution.

DIVISION	AGE	GENDER	NO. IN SQUAD	LEVEL
	Registered Uni Student	All Girl	5-38 members	Level 1/2 NT
UNIVERSITY COED	Registered Uni Student	1 or more males	5-38 members	Level 1/2 NT
UNIVERSITY	Registered Uni Student	All Girl	5-24 members	Level 3/4
UNIVERSITY COED	Registered Uni Student	1 or more males	5-24 members	Level 3/4
UNIVERSITY ELITE	Registered Uni Student	All Girl	5-20 members	Elite
UNIVERSITY ELITE SMALL COED	Registered Uni Student	1-4 males	5-16 members	Elite
UNIVERSITY ELITE LARGE COED	Registered Uni Student	5-9 males	5-16 members	Elite
UNIVERSITY ELITE SUPER COED	Registered Uni Student	Up to 13 males	5-24 members	Elite
UNIVERSITY PREMIER	Registered Uni Student	All Girl	5-20 members	Premier
UNIVERSITY PREMIER SMALL COED	Registered Uni Student	1-4 males	5-16 members	Premier
UNIVERSITY PREMIER LARGE COED	Registered Uni Student	5-9 males	5-16 members	Premier
UNIVERSITY PREMIER SUPER COED	Registered Uni Student	Up to 13 males	5-24 members	Premier

DCE Cheer Age Grid 2025

UNIVERSITY FISU DIVISIONS				
DIVISION	AGE	GENDER	NO. IN SQUAD	LEVEL
ELITE SMALL AG	Registered Uni Student	All Girl	16-20 members	5
ELITE SMALL COED	Registered Uni Student	1-4 males	16-20 members	5
ELITE LARGE COED	Registered Uni Student	5-12 males	16-20 members	5
PREMIER ALL GIRL	Registered Uni Student	All Girl	16-20 members	6
PREMIER SMALL COED	Registered Uni Student	1-4 males	16-20 members	6
PREMIER LARGE COED	Registered Uni Student	5-12 males	16-20 members	6

IASF SUMMIT CHEER DIVISIONS

AGES REFER TO THE YEAR OF SUMMIT COMPETITION BEING 2026. AN ATHLETE IS ELIGIBLE IF THEY HAVE BEEN THAT AGE AT ANY POINT IN 2026. ANY TEAMS SEEKING A SUMMIT BID MUST CONFORM TO THE 2025-2026 IASF AGE GRID. THE MAXIMUM NUMBER OF MALES ON A COED TEAM MUST NOT EXCEED 2/3 OF THE TOTAL ATHLETES ON THE TEAM.

DIVISION	YEARS OF BIRTH	AGE	GENDER	NO. IN SQUAD	LEVEL
IASF U16 (JUNIOR)	2009-2014	12-16 yrs	N/A	16-30 members	1, 2, 3, 4
IASF U18 (SENIOR)	2007-2012	14-18 yrs	N/A	16-30 members	1, 2
IASF U18 AG (SENIOR AG)	2007-2012	14-18 yrs	All Girl	16-30 members	3, 4
IASF U18 COED (SENIOR COED)	2007-2012	14-18 yrs	1 or more males	16-30 members	3, 4
IASF OPEN AG	2010 or earlier	16yrs +	All Girl	16-30 members	3, 4
IASF OPEN COED	2010 or earlier	16yrs +	1 or more males	16-30 members	3, 4

IASF CHEER WORLDS BID DIVISIONS

Ages refer to the year of Worlds Competition being 2026. An athlete is eligible if they have been that age at any point in 2026. Any teams seeking a Worlds bid must conform to the 2025-2026 IASF Age Grid. The maximum number of males on a coed team must not exceed 2/3 of the total athletes on the team.

DIVISION	YEARS OF BIRTH	AGE	GENDER	NO. IN SQUAD	LEVEL
IASF U18 AG (SENIOR AG)	2007-2012	14-18 years	All Girl	16-24 members	5
IASF U18 COED (SENIOR COED)	2007-2012	14-18 years	1-4 males	16-24 members	5
IASF U18 AG NT (SENIOR AG)	2007-2012	14-18 years	All Girl	16-30 members	6.0 (NT)
IASF U18 COED NT (SENIOR COED)	2007-2012	14-18 years	1-20 males	16-30 members	6.0 (NT)
IASF OPEN AG	2010 or earlier	16yrs +	All Girl	16-24 members	5, 6
IASF OPEN SMALL COED	2010 or earlier	16yrs +	1-4 males	16-24 members	5, 6
IASF OPEN LARGE COED	2010 or earlier	16yrs +	5-16 males	16-24 members	5, 6
IASF OPEN AG NT	2010 or earlier	16yrs +	All Girl	16-30 members	6.0 (NT)
IASF OPEN COED NT	2010 or earlier	16yrs +	1-20 males	16-30 members	6.0 (NT)
IASF OPEN AG	2009 or earlier	17yrs +	All Girl	16-24 members	7
IASF OPEN SMALL COED	2009 or earlier	17yrs +	1-4 males	16-24 members	7
IASF OPEN LARGE COED	2009 or earlier	17yrs +	5-16 males	16-24 members	7
IASF OPEN AG NT	2009 or earlier	17yrs +	All Girl	16-30 members	7.0 (NT)
IASF OPEN COED NT	2009 or earlier	17yrs +	1-20 males	16-30 members	7.0 (NT)

DCE Dance Age Grid 2025

DIVISION	YEARS OF BIRTH	AGE	PETITE	SMALL	LARGE	STYLES
TINY NOVICE	2019 or later	6 yrs & younger	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
TINY - INTERMEDIATE & ALLSTAR	2019 or later	4-6 yrs	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
MINI NOVICE	2016 or later	9 yrs & younger	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
MINI - INTERMEDIATE & ALLSTAR	2020-2016	5-9 yrs	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
YOUTH NOVICE	2013 or later	12 yrs & younger	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
YOUTH - INTERMEDIATE & ALLSTAR	2019-2013	6-12 yrs	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
JUNIOR NOVICE	2010 or later	15 yrs & younger	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
JUNIOR - INTERMEDIATE & ALLSTAR	2017-2010	8-15 yrs	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
SENIOR NOVICE	2007 or later	18 yrs & younger	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
SENIOR - INTERMEDIATE & ALLSTAR	2014-2007	18 yrs & younger	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
OPEN NOVICE	2011 or earlier	14 yrs +	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
OPEN AG - INTERMEDIATE & ALLSTAR	2011 or earlier	14 yrs +	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
OPEN COED - INTERMEDIATE & ALLSTAR	2011 or earlier	14 yrs +	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
ADULT NOVICE	2007 or earlier	18 yrs & older	N/A	N/A	5 - 30 dancers	J, HH, P, L/C
ADULT - INTERMEDIATE & ALLSTAR	2007 or earlier	18 yrs & older	N/A	N/A	5 - 30 dancers	J, HH, P, L/C
DANCEABILITY (INDEPENDENT)	N/A	N/A	N/A	N/A	5 - 30 dancers	J, HH, P, L/C
DANCEABILITY (UNIFIED)	N/A	N/A	N/A	N/A	5 - 30 dancers	J, HH, P, L/C
SCHOLASTIC: PRIMARY SCHOOL	N/A	Foundation to Year 6	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
SCHOLASTIC: HIGH SCHOOL	N/A	Year 7 to 12	5-9 dancers	10-14 dancers	15 - 30 dancers	J, HH, P, L/C
UNIVERSITY CHEER DIVISIONS						
Divisions below may have adjustments made by UniSport at the end of the 2024 season. University athletes must be from the same institution.						
UNIVERSITY	N/A	Registered Uni Student	N/A	N/A	5-24 dancers	J, HH, P, L/C
DANCE AGE GRID - NATIONALS ONLY DIVISIONS						
DURING THE COMPETITION SERIES THESE TEAMS SHOULD COMPETE IN THE ALLSTAR DANCE DIVISION						
IASF WORLDS DANCE BID DIVISIONS. Ages refer to the year of competition being 2026. An athlete is eligible if they have been that age at any point in 2026. Any teams seeking an IASF bid must conform to the 2025-2026 IASF Age Grid.						
DIVISION	YEARS OF BIRTH	AGE	GENDER	NO. IN SQUAD	STYLES	
IASF U16 (JUNIOR)	2009-2014	12-16 yrs	N/A	6-30 members (Large)	J, HH, P	
IASF OPEN AG	2010 or earlier	16yrs +	All Girl	6-30 members (Large)	J, HH, P	
IASF OPEN COED	or earlier	16yrs +	or more males	6-30 members (Large)	J, HH, P	
IASF OPEN OPEN	or earlier	16yrs +	N/A	6-30 members (Large)	L/C	